

Some Thoughts on Prayer

1. God already knows our need. We pray for reasons other than to let God know our needs. It is about us and our need to connect in relationship with Him.
2. It confirms our faith each time we pray. It affirms our faith, however shaky it may be.
3. It changes our attitude about the situation. It does not always change the situation we are in. It renews our mind.
4. It raises our “spiritual temperature”. We see ourselves differently. It sensitizes us (eg. to pray for those who would do us harm)
5. It pleases the Father to communicate with us. Prayer is as much listening as talking.
6. It connects us with our power source. It reminds us of our insufficiency without God.
7. It reveals much about our character. I recognize my selfishness, my bargaining with God. God reminds us of who must be lifted up.
8. Prayer is the true source of self-esteem because we get a true understanding of who we are. It comforts us to recognize God’s love for us, which comes from how we are made, not what we do.

I Peter 3:7-12 *What does this passage say about our attitude regarding prayer?*

Deuteronomy 4:5-7 *What does this passage say about God’s response to our prayer?*

Matthew 5:43-48 *What does this passage say about whom we should pray for?*
